

# Baby Shower Game: Old Wives' Tales

**Things needed:** this game sheet, pen/pencil

Guests take turns asking mom the questions below. Her answers are supposed to predict her baby's gender. The questions are based on old wives' tales. Circle mom's answer and tally them up at the end. The column with the most answers chosen is the predicted gender. Skip questions mom doesn't know.

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	<u>BOY</u>	<u>GIRL</u>
Do you crave.....	sour	sweet
Do you crave the heel of a loaf of bread?.....	yes	no
Are you drinking orange juice.....	less	more
Is the baby's position.....	high	low
The shape of your stomach looks like a.....	basketball	watermelon
Baby kicks most often the.....	ribs	stomach
What side does the baby kick most often?.....	right	left
How does baby react to music?.....	holds still	dances
Do you know baby's heart rate?.....	<139	>140
Is mom smiling more?.....	yes	no
Ask mom to show us her hands.....	palms down	palms up
Ask mom to stare in a mirror for a minute. Do her eyes dilate? .....	yes	no
Does your hair feel shiny and full bodied or thinner and stringier?.....	full	thin
Do your hands feel.....	rough	smooth
Are your fingernails growing.....	faster	same
Hair on legs growing faster?.....	yes	no
Do your legs seem to be growing larger?.....	yes	no
Any weight gain on the back side?.....	none	some
Does your face feel.....	same	fuller
Do your feet feel.....	colder	same
What color is maternal grandma's hair?.....	gray	other
Do you sleep with your head to the.....	north	south
Do you feel more sleepy or less?.....	less	more
What side do you prefer to sleep on?.....	left	right
Any dreams of a boy or girl?.....	boy	girl
Are you having severe morning sickness?.....	no	yes
Is your breathing free and easy or is there shortness of breath?.....	short	free
How's your overall feeling?.....	comfy	not comfy
Does your kitchen seem busier?.....	yes	no
Does mom pick up a coffee cup by the.....	handle	sides
What date was the baby conceived?.....	odd	even
On the night of conception, was the moon.....	partial	full
What kind of underwear does dad wear?.....	briefs	boxers
Does dad feel.....	relaxed	nervous
Is dad getting more household projects done?.....	yes	no
Has dad's weight changed?.....	gained	same
Dangle a threaded needle by its string over mom's tummy. Does it.....	swing	circle



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